

Courses & Activities

July - December 2026



**ARRABRI
COMMUNITY
HOUSE**



42 Allambanan Drive, Bayswater North 3153

Open: Mon to Thu 8:30am - 4pm | Fri 8:30am - 1:30pm

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Community Events

Seniors Lunch

We invite local seniors to join us and enjoy a delicious Christmas lunch served by our wonderful volunteers.

Wednesday 9 December, 12pm - 2:30pm | \$20 per person

Get Online Week

Featuring games, quizzes, and interactive activities designed to build digital skills and online confidence. Learn how to stay safer online in a fun and welcoming environment while enjoying light refreshments.

Thursday 22 October, 9:30am - 12pm | Free

Twilight Market

Local stalls, great food, and a welcoming atmosphere. A great opportunity to browse, explore, and enjoy the local community.

Friday 20 November, 4pm - 7pm

Adult Learners Week

Maroondah Kerbside Waste and Recycling

Join our waste educator to learn how to recycle right, reduce contamination and prepare for upcoming kerbside bin changes. Morning tea included.

Tuesday 1 September, 11am - 12pm | Free

Open Classroom / Tech Support

A special Open Classroom session. Bring along your phone, tablet or laptop and get friendly tech support. Enjoy a delicious afternoon tea and go into the draw to win prizes.

Thursday 3 September, 12.30pm - 2:30pm | Free

Room Hire at Arrabri

Heating and cooling, tables and chairs, kitchen and toilets, optional whiteboards, accessible facilities, and ample parking, including disabled bays.

Children & Family



Occasional Care

Arrabri offers flexible, high quality, Occasional Child Care for children from 3 months to 5 years of age. Occasional Child Care provides parents and carers support during working from home, to attend appointments or just for taking time out. Our child care is a registered service and families may be eligible for benefits through Centrelink.

Monday to Friday 9am - 1pm

Term 3: 13 Jul - 18 Sep | Term 4: 5 Oct - 17 Dec

(No session 2 & 3 Nov)

School holiday sessions: 22 Sep, 24 Sep, 29 Sep, 1 Oct

The Club Play Group

The Club is a social group for parents and carers with their children aged 0-6. Parents stay, joining in group activities with the children. It's an opportunity for you and your children to form friendships in a safe, casual atmosphere. No booking required.

Tuesdays 9.30am - 11.30am (During school terms)

\$8 per family per session

Paeditric First Aid

This interactive 3-hour session is led by a qualified paramedic providing practical and up-to-date information for parents and carers. Topics include infant and toddler CPR, choking, allergies, immunisations, and basic first aid.

Thursday 6.30pm - 9.30pm

Term 3: 27 August | Term 4: Date to be advised

\$30 per person or \$50 per couple

Childrens Week

Join us as we celebrate Children's Week with a super fun morning full of activities, laughter, and smiles. A special event all about the kids!

Tuesday 27 October, 9:30am - 11:30am | Free

Social Groups

Tech Club Thursdays

Our friendly group meets fortnightly to discuss tech news and trends, learn new skills, share ideas, and have fun in a welcoming and supportive setting.

First Thursday of the month, 9.30am - 12.00pm

6 Aug, 3 Sep, 8 Oct, 5 Nov, 3 Dec, \$30 per semester

Arrabri Knitters

A friendly group who meet weekly and knit and crochet items for local charity groups. No bookings required - just come along when you can. Donations of wool from our local community are always gratefully accepted.

Tuesdays 1.00pm - 3pm (During school terms)

Free

Calligraphy

Join our Calligraphy group. Practice beautiful writing and connect with others in a relaxed, creative setting.

Tuesdays 9.30am - 11.30am (During school terms)

\$5 per class

Sewing and craft

Take some time out to work on your own craft or sewing project while socialising with this friendly group.

Tuesdays 7.00pm - 10.00pm (During school terms)

\$50 per term

Book Club

Come along to Arrabri's Book Club held on the 2nd Thursday of every month. Book Club is a great way to meet like-minded people for a social discussion of your thoughts and insights of the chosen books.

Second Thursday of the month, 11.00am - 12.30pm

Gold coin donation

Arrabri Walking group

Meet this group of walkers outside Arrabri and walk for approximately one hour. After the walk, some of the group stops in at Arrabri for a relaxing cuppa!

Thursdays 9.30am - 10.30am (During school terms)

Fernhill Writers

Enjoy an evening with other writers to share current work, exchange ideas and give and receive feedback.

First and Third Tuesday of the month, 7.30pm - 9.30pm

Focus on short stories (<1500 words) and poetry.

Second Wednesday of the month, 7.30 - 9.30pm

Focus on assisting members who are writing and developing novels, and other long works such as memoirs.

\$6 per session

The Gathering (Mens Group)

Good Company. Real conversations. Men connecting with men. Life doesn't slow down. There's always something that needs doing, someone who needs you, somewhere you need to be. But when did you last stop — properly stop — and have a real conversation with another Bloke. The Gathering is one hour, mid-week, for you. A chance to pause, connect, and say the things that don't usually get said. Come along and join the conversation.

First and third Wednesday of the month, 7pm - 8pm | Free

Young Adults Social Group

A welcoming social group for young adults to connect, relax, and have fun in a supportive, low-pressure environment. Whether you enjoy chatting, board games, creative activities, or simply spending time around friendly people. This group is proudly neurodivergent-friendly and queer-friendly, with a focus on inclusion, respect, and creating a safe space where everyone feels welcome.

Fourth Wednesday of the month, 11.30am - 1pm | Free

Lets Chat English

This program is designed to help learners build foundational literacy and language skills. Through engaging, practical activities participants will improve their reading, writing, listening, and speaking abilities while gaining confidence in using English in everyday contexts.

This course is Learn Local endorsed.

Fridays 9.30am - 11am

Term 3: 17 Jul - 18 Sep | Term 4: 9 Oct - 11 Dec | Free

Talking Café

A weekly drop-in session where you can socialise, hear about community events, and connect with Living Our Best Life.

Everyone is welcome — no bookings required. Just come along, grab a coffee, and join in.

Tuesdays 1.30pm - 2.30pm

Canterbury Garden Coffee Lounge
5/17 Canterbury Road, Bayswater North

BeConnected – Digital Skills

Join us for FREE face-to-face learning and build confidence with digital technology through Be Connected modules.

Tuesdays 10am - 12pm

21 Jul: Christmas in July Great Recipe Swap
11 Aug: How to hotspot, screenshot & other tips!
8 Sep: Facebook Marketplace
6 Oct: That's Entertainment
10 Nov: Intro to Pinterest
24 Nov: Scambusters



Australian Government

Be Connected

Every Australian online.



Education & Workplace Skills

Recreation

Learn Local Endorsed Courses



Arrabri Community House is proudly a Learn Local provider. We are registered to deliver quality, government-funded training and programs at a low cost.

Arrabri offers a friendly and welcoming learning environment, with highly capable and professional trainers who are focused on helping you achieve your goals. We can help you to build the confidence to get a job or go on to further education.

Centrelink Approved

Learn Local courses count as activity toward your mutual obligation requirement for some Centrelink payments. If you have a Jobactive provider, speak to them about paying for your course.

Introduction to Computers

A beginner-friendly course that teaches basic computer skills, internet use, email communication, and common software programs in a relaxed and supportive environment. No experience is needed.

This course is Learn Local endorsed.

Fridays 9:15am - 12pm

Term 3: 24 July – 11 September
Term 4: 16 October – 4 December
\$70 per term

Intermediate Computers

Improve your basic computer skills and learn how to use Microsoft Office applications for work and home. You will gain skills in Word, Excel, PowerPoint, and Outlook for documents, spreadsheets, presentations, flyers, email, and calendars.

This course is Learn Local endorsed.

Wednesdays 9:15am - 12pm

Term 3: 22 July – 9 September
Term 4: 14 October – 2 December
\$70 per term

Excel Level 1

Learn how to use this powerful spreadsheet program that allows you to organise data into tables and charts - making it easier to view, sort and analyse your information.

This course is Learn Local endorsed.

Wednesdays 12:30pm - 3pm

Term 3: 22 July – 9 September | \$65

Excel Level 2

Already confident with Excel? Join our Level 2 course to develop advanced skills in formulas, functions, sorting, filtering, and creating pivot tables and charts.

This course is Learn Local endorsed.

Wednesdays 12:30pm - 3pm

Term 4: 14 October – 2 December | \$65

MS Office

Learn the basics of Microsoft Office programs used in homes and workplaces. Build skills in Word, Excel, PowerPoint, and Outlook for documents, spreadsheets, presentations, flyers, email, and calendars.

This course is Learn Local endorsed.

Thursdays 9:15am to 12:45pm

Term 3: 23 July – 10 September
Term 4: 15 October – 3 December
\$95 per term (Includes manual)

Phones & Tablets

Discover how to get more from your smartphone or tablet and gain confidence using everyday technology. Learn to use apps, email, photos, settings, and key features through simple step-by-step guidance in a friendly and supportive environment.

This course is Learn Local endorsed.

Thursdays 1:15pm - 3pm

Term 3: 23 July – 10 September
Term 4: 15 October – 3 December
\$70 per term

Open Classroom - Tech Help

Free with any of our Lean Local courses! One-on-one assistance with digital devices and technology. Bring your tablet, phone, or laptop and receive support tailored to your needs.

This course is Learn Local endorsed.

Thursdays 12.30pm - 2.30pm

Term 3: 23 Jul, 6 Aug, 20 Aug, 3 Sep, 17 Sep
Term 4: 8 Oct, 22 Oct, 5 Nov, 19 Nov, 3 Dec
\$5 per session

Let’s Get Cooking

Ready for Hospitality with Chef Oddie

Step into the exciting world of hospitality and learn the foundations of great cooking with Chef Oddie. Develop practical kitchen skills while preparing a variety of delicious dishes, exploring different cuisines, and building confidence through hands-on cooking experiences.

This course is Learn Local endorsed.

Fridays 9:30am - 12:45pm

Term 3: 17 July - 4 September
Term 4: 9 October - 27 November
\$100 per term

Saturday Cooking Workshops with Chef Oddie

Get ready for a fun, hands-on cooking experience where you'll create delicious dishes and learn new skills along the way!

Saturdays 10:30am - 1pm

Term 3: 15 August
Malaysian Cooking Malaysian Chicken Curry (Kari Ayam) with rice and Sticky Coconut Slice (Wingko Babat)

Term 4: 14 November
Puff Pastry Christmas Tree, Sausage Rolls, Sticky Date Pudding and Caramel Sauce

\$65 per term

Let’s Get Active

Chair Strength

Gentle Chair Strength class designed for older adults and those with injuries. Focused on building core strength, muscle tone and overall stability, it uses seated, low-impact exercises in a safe and supportive environment.

Mondays 10am - 10:45am

Term 3: 13 July – 14 September (10 weeks)
Term 4: 5 October - 14 December (10 weeks)
(No class 2 November)
\$145 concession | \$160 full fee

Mondays 11am – 11:45am

Term 3: 13 July – 14 September (10 weeks)
Term 4: 5 October - 14 December (10 weeks)
(No class 2 November)
\$145 concession | \$160 full fee

Tuesdays 9:15am – 10am

Term 3: 14 July – 15 September (10 weeks)
Term 4: 6 October – 15 December (10 weeks)
(No class 3 November)
\$145 concession | \$160 full fee

Yoga

Start your week with Yoga on Monday evening. Yoga can provide a place to develop freedom and strength in both the body and mind. It strengthens and tones the muscles and creates the flexibility to move with more freedom, improving your health and well-being. Sessions finish with a short meditation.

Mondays 5:45pm - 6:45pm

Term 3: 13 July - 14 September (10 weeks)
Term 4: 5 October - 14 December (10 weeks)
(No class 2 Nov)
\$145 concession | \$160 full fee

Dru Yoga

Dru Yoga is a gentle, flowing and mindful practice. It combines graceful movement, controlled breathing and visualisation. These inclusive classes are suitable for beginners to intermediate yogis, offering a peaceful and supportive environment.

Fridays 9:30am - 10:45am

Term 3: 17 July – 18 September (10 weeks)
\$175 concession | \$190 full fee
Term 4: 9 October - 18 December (11 weeks)
\$192.50 concession | \$209 full fee

Seated Yoga

Improve flexibility, circulation, posture and relaxation with gentle seated yoga. Suitable for all levels, this calming seated practice includes mindful movement, breathwork and light stretching in a peaceful, supportive environment.

Wednesdays 12:45pm - 1:30pm

Term 3: 15 July – 16 September (10 weeks)
\$145 concession | \$160 full fee
Term 4: 7 October - 16 December (11 weeks)
\$159.50 concession | \$176 full fee

Strength and Fitness

Increase strength, improve fitness, and boost energy in this fun and supportive class. Sessions include weight training, cardio, steps, and mat work for a full-body workout.

Tuesdays 9am-10am

Term 3: 14 July – 15 September (10 weeks)
\$145 concession / \$160 full fee
Term 4: 6 October - 15 December (9 weeks)
(No class 3 Nov & 10 Nov)
\$130.50 concession | \$144 full fee

Fridays 9am - 10am

Term 3: 17 July – 18 September (10 weeks)
\$145 concession | \$160 full fee
Term 4: 9 October - 18 December (9 weeks)
(No class 6 Nov & 13 Nov)
\$130.50 concession | \$144 full fee

Pilates

Strengthen and tone the whole body with a focus on core and pelvic floor muscles to improve posture, mobility, flexibility, balance, and body awareness. Classes include fun and dynamic exercises using Pilates equipment such as balls, weights, and rollers.

Wednesdays 5pm – 6pm

Term 3: 15 July – 16 September (10 weeks)
\$145 concession | \$160 full fee
Term 4: 7 October - 16 December (11 weeks)
\$159.50 concession | \$176 full fee

Latin Cardio Fit

This HIIT-style Latin Cardio class combines Latin dance moves with high-intensity cardio for a fun and energetic workout that improves fitness, coordination, and confidence.

Mondays 5.30pm - 6.30pm

During school terms
\$10 per term

Let’s Get Creative

Introduction to Portrait Drawing

Learn the basics of portrait drawing, including facial proportions and key features. This beginner-friendly class will help you build confidence and develop the skills to create realistic portraits.

This course is Learn Local endorsed.

Fridays 10.30am to 12.30pm

Term 3: 17 July - 31 July (3 weeks)
\$50 per term (Materials included)

Intermediate Portrait Drawing

Designed for those with some portrait drawing experience, this class provides an opportunity to further develop skills, refine techniques, and build confidence in creating portraits.

This course is Learn Local endorsed.

Fridays 10.30am to 12.30pm

Term 3: 7 August - 28 August (4 weeks)
\$70 per term (Materials included)

Photography Fundamentals

For beginners and photography enthusiasts wanting to improve their skills and create memorable images with their camera. Learn the basics of cameras and lenses, including exposure, light, and composition, while exploring how the camera sees differently to the human eye.

This course is Learn Local endorsed.

Mondays 7pm – 8:30pm

Term 3: 10 August – 14 September (6 weeks)
\$75 per term (Bring your own camera)

Advanced Photography

Designed for those who know some fundamentals of photography, and would like to explore more advanced features. Topics include colour theory, use of filters, composition, everyday photography, learning to see, photographing people, manual shooting, back button focusing, and tips for landscape and macro photography.

This course is Learn Local endorsed.

Mondays 7:00pm – 8:30pm

Term 4: 12 October – 26 October (3 weeks)
\$50 per term

Art @ Arrabri

Whether you’re starting out or refining your skills, this 9-week art series offers expert guidance, creative exploration, and connection with fellow creatives. All skill levels welcome.

This course is Learn Local endorsed.

Wednesdays 9:30am to 12:30pm

Term 3: 15 July to 9 September (9 weeks)
Term 4: 7 October - 2 December (9 weeks)
\$215 per term

Botanical Watercolour

Develop your watercolour painting skills in this creative and supportive class. Explore colour, layering, brushwork, and a range of techniques while creating botanical-inspired artwork. Suitable for all skill levels.

This course is Learn Local endorsed.

Fridays 10.30am to 12.30pm

Term 4: 16 October - 13 November (4 weeks)
(No class 30 October)
\$95 per term (Watercolour kit included)

Introduction to Floristry

Discover the art of floral design in this hands-on beginner course. Learn skills including posies, hand-tied bouquets, floral arrangements, and flower care. Each week you will create and take home your own floral masterpiece. Perfect for anyone exploring a new hobby or an interest in floristry.

This course is Learn Local endorsed.

Wednesdays 9:30am - 12pm

Term 3: 29 July to 9 September (7 weeks)
Term 4: 14 October – 25 November (7 weeks)
\$180 per term (Flowers and materials included)

Macrame

Learn the art of macramé and create a beautiful handmade project using simple techniques.

Term 3: Beginners

Wednesday 26 August, 10am-12pm | \$45

Term 4: Intermediate

Wednesday 28 October, 10am–1pm | \$55